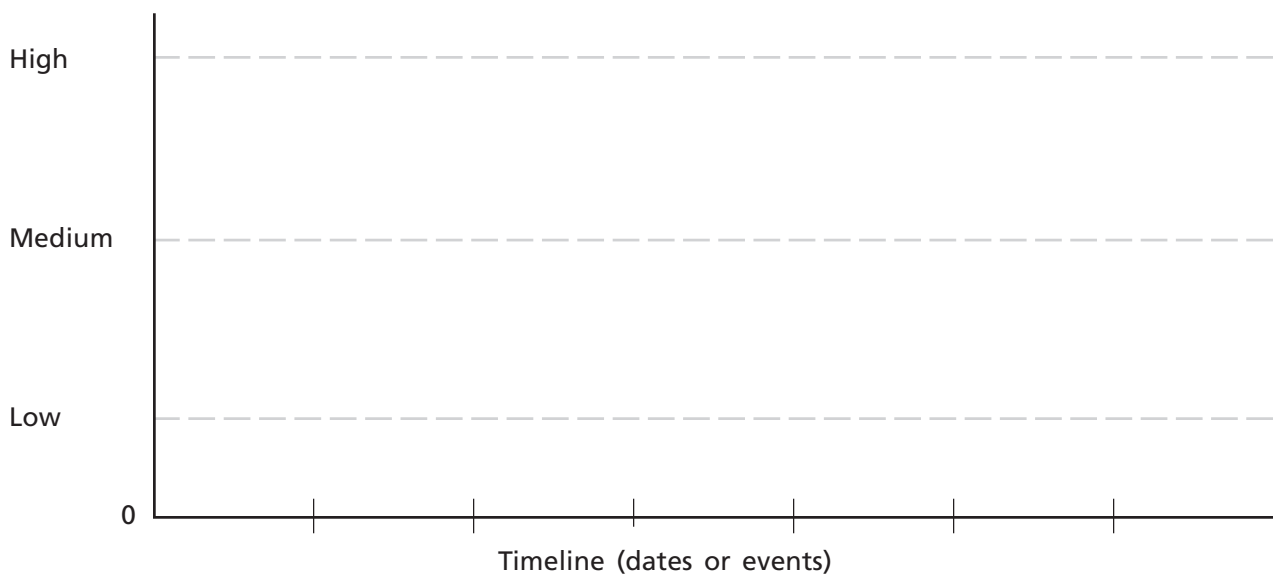


Plot profile

A plot profile is a graph showing shifts of emotion that take place during the unfolding of a story. It is sometimes used to represent an individual's responses to a book. In this case, the story is your own learning journey.

You could use this tool to represent your "ups and downs" during a period of learning in a Graduate Diploma. You might even use the profile as a journaling tool to track your engagement throughout the entire program. As you track your feelings, try to identify the factors or events that cause your emotional response.

Level of Anxiety



Level of Interest

