

# Shining moment

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This reflective activity invites you to think back to a recent time when you felt a sense of excitement or exhilaration about your growth as an educator—a moment of insight, accomplishment or celebration for you and your students. This would be a time when you felt successful because your learning was having a positive effect on your students or others in your workplace.

The reflective activities below move from description to analysis to interpretation to self-evaluation.

## **Description**

Mentally recall the situation. Recapture the feelings. You might use material such as photos, a video or a piece of student work as a reminder. Think of some phrases to capture what the example means to you. Then write an account of what happened.

## **Analysis**

Think deeply about everything you did to facilitate the positive aspects of the situation.

- How did you prepare yourself?
- How did you involve others?
- What was the atmosphere? What did you do to create it?
- What did you do that made this a positive experience for your students or others?
- What were the positive effects on students or others?
- How did your strengths as an educator make this a shining moment?

## **Interpretation**

- What pleased you in this shining moment?
- What do you think made this a time of celebration for you and the students?
- What makes this time stand out as an example of your own growth?
- What does this example show about your own learning?
- What does this example show about your abilities as an educator?

## **Self-evaluation**

Look at the list of program capacities. Look again at your description of the situation you chose. Which capacities did you use to make this situation happen?